

Daily Rhythm

- 6:00 Good Morning!
- 6:30 Breakfast
- Clear Table
 - Dress, Teeth, Hair
 - Morning Home Care**
 - Outside Play
 - Nature Walk
- 8:30 Monday – Friday: Main Lesson
- Saturday – Sunday: Free Play/Special Time
- 9:30 Snack Time
- Monday – Friday: Lively Arts**
 - Saturday: Library/Baseball
 - Sunday: Free Play
- 12:00 Lunch
- Clear Table
 - Story Time
- 1:00 Rest Period
- 3:00 Walk Dog
- Afternoon Home Care**
 - Handwork
 - Meal Preparation
 - Free Play
- 5:30 **Evening Activities**
- 6:30 Dinner
- 7:30 Shower, Pajamas, Teeth, Etc.
- Story
- 8:00 Good Night!